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Good Self Bad Transforming Your
Good Self, Bad Self will teach you how to face and overcome potential problems before they send your life spinning out of control. Using the straightforward and incredibly effective POWER model—which incorporates the same strategies Judy uses with her high-profile clients—you can learn to master and expertly handle any sticky situation in your own life.

**Good Self, Bad Self: Transforming
Your Worst Qualities ...**

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While the Greek philosophers covered this topic centuries ago, Smith enlivens the idea with multiple examples of public figures who allow virtues to become vices. Good Self, Bad Self provides insights about seven core human traits: ego, denial, fear, ambition, accommodation, patience, indulgence.

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Good Self, Bad Self: How to Bounce Back from a Personal ...

The book, Good Self, Bad Self: Transforming Your Worst Qualities into Your Biggest Assets [Bulk, Wholesale, Quantity] ISBN# 9781451649994 in Hardcover by Smith, Judy may be ordered in bulk quantities. Minimum starts at 25 copies. Availability based on publisher status and quantity being ordered.

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In Good Self, Bad Self, Smith shares her methods, gleaned from years of professional experience, for smoothing over a bad situation while providing the tools to prevent similar incidents from ever happening again.

Goodwill Anytime. Judy Smith Good Self Bad Self ...

Good Self, Bad Self will teach you how to face and overcome potential problems before they send your life spinning out of control.

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Praise For Good Self, Bad Self: Transforming Your Worst Qualities into Your Biggest Assets... "I have known Judy Smith for many years and she is one of the best crisis managers out there. Good Self, Bad Self is a really important book and offers a unique way of looking at crisis."

Good Self, Bad Self: Transforming Your Worst Qualities ...

Transforming your self-concept won't be easy. In fact, it will take a great deal of patience, time, and effort. Along this journey, you will likely need to release old habits, limiting beliefs, and unhelpful thoughts.

What Exactly is a Self-Concept and

Where To Download Good Self Bad Transforming Your Worst Qualities Into Biggest Assets **How Does it Impact Your ...**

Just as Gavin de Becker's bestselling book *The Gift of Fear* explains how to recognize and survive universal signs of violence, and as Chip and Dan Heath's bestselling book *Switch* shows readers how to implement change in their lives, *Good Self, Bad Self* will teach us how to face and overcome our own denial of impending problems-and how to identify and avoid such situations in the first place.

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